| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------|--------------|-----------------------------------|------------|---|-----------------------|-----------------------------------|
| | Multi sports | Gymnastics | Football | Dance | Athletics | Ball games |
| Year 1 | | Indoor | | Indoor | Field | |
| | Multi sports | Gymnastics | Hockey | Dance | Athletics | Football |
| Year 2 | | Indoor | | Indoor | Field | |
| | Tag Rugby | Gymnastics | Football | Dance | Athletics | Cricket |
| Year 3 | | Indoor | | Indoor | Field | Swimming 1 hour a day for a week. |
| | Tag Rugby | Gymnastics | Hockey | Dance | Athletics | Tennis |
| Year 4 | | Indoor Gym | | Indoor | Field | |
| | | Swimming 1 hour a day for a week. | | | Barnstondale 3 nights | |
| | Basketball | Gymnastics | Football | Dance | Athletics | Cricket |
| Year 5 | | Indoor | | Indoor Swimming 1 hour a day for a week. | Field | Bolder hut |
| | Tag rugby | Gymnastics | Basketball | Dance | Athletics | football |
| Year 6 | | Indoor | | Indoor Conway centre for 3 nights | Field | |