



Climbing Hut Ltd

Permission Form for Instructor-Led Group

Climbing Hut is an indoor climbing centre based in Ellesmere Port. Bouldering is a form of climbing over short distances and with safety matting, there are no ropes or harnesses which helps to make it an accessible activity for all ages and abilities. We offer a fun environment, promoting problem solving skills as well as physical challenges and a great sense of achievement at all levels.

Risks

Climbing Hut is an artificial bouldering environment; our walls are up to 4.5 metres in height. The risks involved are no less serious than when climbing outside on a crag or mountain. There is an additional risk that bolt-on holds can spin or break. The walls will be checked by their supervising instructor as they are being climbed and your child can report any spins or breaks directly to their instructor.

Climbing in its simplest form is movement at height; therefore, there is a risk of a fall from height. Any fall may result in an injury despite the safety systems in place to avoid it. Your child will work under the supervision of an instructor and encouraged to make personal risk assessments throughout the session.

What should my child wear?

We recommend leggings, jogging pants or shorts, a t-shirt and a sweatshirt/jumper. Comfy and stretchy clothing is ideal for this activity, please avoid skirts and dresses. Your child will be given a pair of climbing shoes to wear for their session, your child should wear well-fitting ankle/long socks and avoid trainer socks. Please arrive in trainers or school sport shoes as these will be required for the warm-up and games.

What should my child bring?

Please bring a named water bottle. Your school or group leader will inform you if you need to bring a snack and/or a packed lunch.

For more information about Climbing Hut please visit;

www.climbinghut.com/ellesmereport



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It is important that you understand this document. There is inherent risk involved with climbing centres and associated activities. By signing this form, you are stating you understand that these risks cannot be completely removed. If you do not understand any of the terminology or content, please contact your school or group leader to clarify.

Name of Parent/Guardian: _____

Name of participant: _____

Date of birth of participant: _____

I, the parent/guardian of the named participant confirm:

- I have read the Association of British Climbing Wall's (ABC's) and British Mountaineering Council's (BMC's) participation statements.
- I am aware that the risk the participant is exposed to during the activity can lead to personal injury or death.
- I confirm that the participant is fit to participate in the activity.

I understand that the participant named above will be given a safety briefing and induction on their first visit and then informed appropriately thereafter depending on the participant's experience.

Where participants are being instructed by a Climbing Hut instructor, Climbing Hut must be made aware as soon as possible of any medical conditions that may affect their participation of the sport.

Please give details of any medical conditions that may affect their participation:

ABC (Association of British Climbing Walls) Participation Statement

All climbing activities have a risk of serious injury. Participants must recognise that even if they follow all good practice there may still be the risk of accident and injury. It is the responsibility of the participant to adhere to the conditions of use.

BMC (British Mountaineering Council) Participation Statement

Climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.

Signed (parent/guardian): _____

Date: _____