

The Festival of VESAK

So what is Vesak?

Well, Vesak is a festival that is celebrated by Buddhists all over the world, Buddhism is a religion that first started in India and has spread around the world. There are over 500,000,000 Buddhists around today.

What are the 5 rules/steps to buddhism?

1. I will not kill
2. I will not steal
3. I will always be good
4. I will not lie
5. I will not drink alcohol

All you need to know!

Vesak Day is also called Buddha's birthday and is celebrated on the first full moon in May (or in early June). The day commemorates the birth, enlightenment and death of Gautam Buddha. All Buddhists try their hardest to donate to charity or people in need e.g people who are old or sick. They also eat vegetarian foods all week long

It's important

Buddhist day is the most important of all the buddhist festivals because it celebrates the birth and the death of the Buddha so therefore its more important than any other day

Fun facts

Celebrations vary from one country to another. In Thailand and Indonesia, for example, special Wesak lanterns are made of paper and wood. In China , dancing dragons are involved into their celebrations.

Another popular custom in some countries is to release caged birds This stands for freedom and letting go troubles and wishing that all beings are well and happy